

GIVING BIRTH DURING THE COVID-19 PANDEMIC

- **One birth partner can join the mother during labour and birth.**
- **All birth partners must wear a mask at all times.**
- **All birth partners will be screened for symptoms of COVID-19. Do not come to the Seychelles Hospital if you have symptoms of COVID-19.**
- **A birth partner cannot be someone who is currently under isolation or quarantine.**
- **With an understanding of current circumstances, your birth partner can be someone from a different household.**
- **To protect other pregnant women and babies, birth partners are not allowed on the ward when the mother is being induced.**
- **Birth partners are only allowed into the labour room from the point of active labour onwards.**
- **Birth partners are not allowed to join mothers on the postnatal ward after birth. Midwifery, obstetric and support staff will support new mothers and help with caring for new-born babies after birth.**
- **Birth partners must not exit the labour room as they will not be allowed back into the room.**
- **Birth partners are encouraged to bring food and drinks to avoid leaving the labour room and the hospital. Eat before entering the room to avoid the need to leave the room.**

